

Nose/Sinus/Facial Fractures, Trauma - About

Injury to the nose or surrounding area is known as nasal trauma.

Both external and internal injuries can cause nasal trauma.

The cartilage, nasal bones, and soft tissue are vulnerable to external injuries, due to the position of the nose. The most typical types of facial fractures are nasal fractures. Due to swelling, bruising, and bleeding from the nose, it can be clear that there is an injury. Swelling, bleeding, blood clots, and fractures can be a result from injuries to the nasal area.

Complications of nasal trauma include:

- Physical deformity
- Infections
- Frequent sinus issues
- Obstructed breathing



Nasal sinuses have a high tendency to sustain a fracture during trauma because they are typically lined by thinner bone. Sinus fractures may lead to problems such as sinusitis.

Facial imaging and an ENT evaluation is needed to determine if treatment of sinus fractures is needed.

Treatment of Nose/Sinus/Facial Fractures

Treatment options depend on the type of injury or damage the person has.

You will need to be seen by Dr. McKernan for a complete work-up and review of your injuries and or issues.

Please make an appointment for further details.

